

REV. CHRIS AROCKIARAJ, P.S.S.

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Education

- D.Min. (Doctor of Ministry) – San Francisco Theological Seminary , CA, 2016
- Dissertation : *Building Resilience in Catholic seminarians to cope with burnout issues as new priests*, Dr.Scott Sullender, Moderator
- Ph.D. Pastoral Psychology – Loyola University, MD, Graduate Theological Foundation, IN, 2013
- Dissertation: *Transcendence as a source of resilience in coping with depression*,
- Ph.L. (Licentiate in Philosophy) Catholic University of Toulouse, France, 2002.
Passed with ‘*Tres Bien*’
- STB. Pontifical Urban University through S.H. Seminary, 1995.
Passed with ‘*Magna cum laude propatus*’
- M.S.,General Psychology, - University of Madras, 2004.
- C.P.E., John Hopkins Hospital, MD, 2008

Professional Membership and Academic Certificates

- Board Certified Pastoral Counselor, American Association of Pastoral Counselors, 2015
- American Association of Pastoral Counselors, Member, 2013- present
- Successfully completed Nonprofit Business Excellent Program for Catholic Leaders Training Program, University of Notre Dame, IN, 2015
- Society of Pastoral Theology, Member, 2015 - present
- Certified MBTI (Myers-Briggs Type Indicator) type indicator practitioner, CPP, CA, 2014
- Gallup Certified Strengths performance Coach & Advisor, Gallup, NE, 2013
- Successfully completed Spiritual Director Training Program, Institute for Priestly Formation, Omaha, NE, 2012
- Anxiety and Depression Association of America, Member, 2007-2009
- Certified NEO-PI (the Big Five Personality Test) interpreter, Loyola University Maryland, 2008.
- American Psychological Association, member, Division 36, Society for the Psychology of Religion and Spirituality, 2005-2008
- Post-graduate diploma in career guidance & Counseling, Anna Malai University, 1997
- Certified Spiritual Director – Institute for Priestly Formation, Omaha, 2013
- Ordained Roman Catholic Priest, 1995 and Member of Society of St. Sulpice
- Priest in good standing since 1995

Work Experience

Academic Position and Experience in Priestly Formation

- Lecturer, School of Theology and Religious Studies, The Catholic University of America, Washington, DC., 2017-present.

- Assistant Professor of Pastoral Studies, Formational Director, Codirector of Pastoral Year Formation, Formation Faculty, Spiritual Director: St. Patrick's Seminary & University, CA, 2010 - 2017.
- Graduate Assistant, San Francisco Theological Seminary, CA, 2014.
- Formation Faculty, Dean of Men, Academic Dean, Director of Pastoral Formation: Sacred Heart Seminary, Chennai, 1997-1999, 2002-2005.
- Formation Faculty, Director of Pastoral Formation Program: The Catholic University of America, School of Theology and Religious Studies, 2017- present
- Vice-Rector, Theological College, 2020 -
- Member of Washington Area Formators Network (WAFN) since 2017

Professional Experience

- Director of Pastoral Formation – Theological College, Washington, DC - 2018 – present
- Coordinator of Clinical Placements : Supervised Ministry Program – Catholic University of America, 2018-Present
- Co-Director of Pastoral Year Students - St. Patrick's Seminary & University, CA, 2016 - 2017
- Member of Finance Committee, Sulpician Province of USA, 2015 - 2017
- Member of Admission Committee, Sulpician Province of USA, 2015-
- Member of Strategic planning Committee & Liturgical Committee - St. Patrick's Seminary & University, CA, 2012-13
- Academic Dean, Dean of Men, Director of Pastoral Formation Program - Sacred Heart Seminary, Chennai, 1997-1999, 2002-2005

Pastoral Experience

- Prison Ministry, Diocese of San Jose, 2014-2017.
- Chaplain, St. Agnes Hospital, Baltimore, MD , 2005-2010.

- Spiritual Director, Bay Area Tamil Catholic Community and Tamil Ministry, CA 2012- 2017
- Spiritual Director, Capital Area Tamil Catholic Association, VA, 2018- present
- Pastor, Sacred Heart Church, Chennai, 2004 -2005
- Associate Pastor, Santhome Cathedral & Our Lady of Fatima, Chennai, 1995-1997.

Summer Pastoral Assignment (Supply Pastor):

- Sacred Heart Church, Wasilla, Archdiocese of Anchorage, 2012, 2013 & 2014
- St. Denis Church, Archdiocese of San Francisco, CA, 2012
- St. William Church, St. Teresa Co-Cathedral, Diocese of Honolulu, 2015
- St. Anselm Church, Archdiocese of San Francisco, CA , 2015
- Immaculate Conception church, Archdiocese of Miami, 2007
- Catholic Hospital, Archdiocese of Cologne, Germany, 2003
- St. Jeanne of Arc Church, Verdun sur Garonne, Diocese of Montauban, France, 2002
- Our Lady of Victory Church, Diocese of Meaux, France, 2000
- Retreat Preacher for Confirmation Candidates, St. Anselm Church, Archdiocese of San Francisco, CA, 2015, 2016

Clinical Experience

- Clinical Counseling internship - Marriage and Family counseling Centre, Baltimore, MD, 2005-2007
- Pastoral Counselor, Inter-Faith Counseling Centre, San Anselmo, CA, 2013-2015
- Pastoral Counselor at Parishes of Nativity (Archdiocese of San Francisco, CA) and St.Thomas Aquinas (Diocese of San Jose, CA), 2016 - 2017
- Spiritual Director: Sacred Heart Seminary, Chennai, 1997-1999, 2002-2005
- Spiritual Director, St.Patrick's Seminary & University, CA, 2010-2017
- Spiritual Director, Theological College, Washington, DC, 2017– present.

USCCB Position

- Adviser to the USCCB Subcommittee on Asian and Pacific Island Affairs for the Indian Roman/Latin Rite

Courses taught

- Pastoral Counseling
- Introduction to Pastoral Care
- Practice of Parish Ministry
- 12-Step Spirituality
- Epistemology
- Logic
- Philosophical Anthropology
- History of Philosophy
- Psychology and Religion
- Philosophical Ethics
- Ministry of Spiritual Direction
- Introduction to Spirituality
- Introduction to World Religions
- Catholic Doctrine
- Internship in Pastoral Ministry
- Basic Supervised Ministry
- Extended Pastoral Supervision
- Helping Skills for Ministers
- Pastoral Practices and skills
- Pastoral Leadership
- Research Methodology
- Theology and Theory of Pastoral Care and Counseling

Languages

Speaking and Reading comprehension: Tamil, English, French, Spanish, Italian, German

Publication:

Books:

- *Faces of Aesthetics* (Book on Philosophy of Art and Aesthetics in Tamil), (editor) Chennai, 2005.
- *To be with God*, (Book on Liturgy in Tamil), (co-editor) Chennai, 2005.
- *Youth ministry* (editor) (Tamil), 1989.
- Contract with USCCB Subcommittee on Asian and Pacific Island Affairs to write a book on Indian-American Catholics and their traditions and transitions. (proposal time: December, 2020)

Articles:

- “50 Years of Excellence in Pastoral Formation: 1971-2021”, Crossroads, TC, Washington DC., 2020
- “Excellence in Supervision: Theories of Supervision”, (co-authored) *Reflective Practice: Formation and Supervision in Ministry*, Vol.40, 2020
- “Spiritual formation/reflective practice under the cloud of Pandemic” *Reflective Practice: Formation and Supervision in Ministry*, Vol.41 2020 (to be published)
- “Shepherding in a time of Traumatic stress and Anxiety”, *Crossroads*, TC, Washington DC., 2020
- ‘Self-care for Priests’ : *Crossroads*, TC, Washington DC., 2019

- ‘Healthy Living’, *Crossroads*, TC, Washington DC., 2019
- “Art and Emotions”, *Faces of Aesthetics*, Chennai, 2005.
- “Hindus Experience the Solitude of the Virgin Mary: Mary in Inter-religious Relations”, *Lourdes*, 97, (109), Lourdes, 2002. (Published in French, German, Spanish, English and Portuguese)

Lectures and Presentations

- *Identity of Priesthood, Small Group Formation*, Theological College, 2017, 2018, 2019 and 2020
- *Workshop on Catechetical Ministry and Service with the Poor*, Theological College, 2018, 2019 and 2020
- Theological Reflection on Pastoral Experience in Small Groups, Theological College, 2018 and 2019
- *Building Resilience in Catholic Seminarians to Cope With Potential Burnout issues as New Priests*, presentation at the Seventeenth World Summit on Positive Psychology and Psychotherapy, Toronto, Canada, May, 2017.
- *Building Resilience in Seminarians and Young Priests*, Ongoing Formation for Priests - West Coast Regional Meeting held at St.Patrick’s Seminary & University, CA, October, 2016.
- *Addictive Behavior and Formational Issues*, Presentation to Pre-theology Students, St. Patrick’s Seminary & University, CA, 2016.

- *Anxiety and coping strategies*, Health Care Lecture Series, St. Patrick's Church, Menlo Park, CA, 2015
- *Positive Psychology - a Coping Tool for Depression*, American Association of Pastoral Counselors - Annual Regional Conference, November 2013
- *Stress and Subjective Well-being*, Health Care Lecture Series, St. Patrick's Church, Archdiocese of San Francisco, CA, 2013
- *Transcendence and Mind-Body-Spirit Health (Subjective Well-Being)*, Pastoral Care Department In-service, St. Agnes Hospital, Baltimore, MD, 2008.
- *Philosophy of Art and Aesthetics*, Key note speaker at Philosophy Annual Symposium, Sacred Heart Seminary, Chennai, September, 2003.
- *Blessed Virgin Mary and Hinduism*, Marian Colloquium at Our Lady of Lourdes Shrine, Lourdes (France), 2002
- *Catholic Tradition Practice in India*, University Lecture Series at Catholic Institute of Toulouse (France), 2001.