



# Community Events – Spring 2024

All sessions are 12:15pm to 1:00pm. All are welcome.

## January

**1/18** **Contemplating the teachings of MLK, Jr**  
Rev. Dr. Darrell J. Wesley (Redlands  
First United Methodist Church)

**1/31** **Restorative Yoga**  
Professor Pat Geary

## February

**2/14** **Ash Wednesday Meditation**  
Chaplain John Walsh, Emeritus

**2/21** **Restorative Yoga**  
Professor Pat Geary

# March

**3/6** **Jewish Contemplative Practice**  
Rabbi Lindy Reznick (Bet Ahava)

**3/13** **Restorative Sound Bath**  
Rev. Sharon Graff (Sabbath Point)

**3/20** **Lectio Visceralis**  
Professor John Falcone & Bloom Student  
Group

**3/28** **Ramadan Meditation**  
Professor Sana Tayyen

# April

**4/3** **Lectio Imago**  
Rev. Cheryl Raine (Redlands First  
Presbyterian Church)

**4/10** **Restorative Yoga**  
Professor Pat Geary

**4/17** **Farewell Meditation**

More events to come in  
Fall 2024!



Changing the world from the inside out.