

	Often	Sometimes	Seldom
1. I read my assignments before I go to a lecture.			
2. I find lectures interesting and challenging.			
3. My lecture notes are well organized.			
4. I recognize main ideas in lectures.			
5. I recognize supporting details of main ideas.			
6. I recognize patterns in lectures, i.e. cause-effect, concept-example.			
7. My lecture notes are complete.			
8. I recognize relationships between lectures and readings.			
9. I integrate my lecture notes with my reading notes.			
10. I summarize my notes, both lecture and reading, in my own words.			
11. I review my notes immediately after class.			
12. I conduct weekly reviews of my notes.			
13. I edit my notes within 24 hours after class.			

How did you do? Taking this self-assessment should help you identify the note taking skills on which you need to work. Good note taking skills include doing all of the things listed above for every class.

Retrieved from: <http://istudy.psu.edu/FirstYearModules/NoteTaking/SelfAssessment.htm>